



Traineeship

PACE Health Management pride ourselves on being the benchmark for exercise physiology services in Victoria.

In 2009 PACE Exercise Physiology was recognised as the National Exercise Physiology Practice of the Year. One of the key ingredients underpinning the success of our business is our commitment to developing our staff, our profession and our clients.

Recruiting the best staff and sharing the combined knowledge of our specialised exercise physiology team is essential to providing our clients with the best possible service.

We recognise that it takes new graduates time to develop their clinical skill and confidence under the guidance and mentoring of more experienced colleagues. To nurture this process and provide new graduates with the necessary support we created the PACE Exercise Physiology Traineeship.

All students who complete clinical placements and/or applicants who have completed post graduate studies in exercise rehabilitation/physiology may apply for this traineeship.

This is your opportunity to learn, be supported and developed by the most experienced and committed exercise physiology team in Victoria.

The PACE Exercise Physiology team has worked for over ten years to develop our reputation amongst medical and allied health professionals and clients alike as leaders in exercise prescription. As a PACE Exercise Physiology Trainee the entire PACE team will be committed to seeing that our newest recruit matches and exceeds this reputation.

PACE will accept applications for the PACE Exercise Physiology Traineeship from **October 1st - 8th and June 1st- 8th each year.**

The PACE Exercise Physiology Traineeship is twelve weeks in duration, it involves:

1. A one on one professional development session with a staff member each week on topics pertaining to clinical practice, networking, presentation skills, client service and practical knowledge
2. Access to all PACE Exercise Physiology lectures and presentations
3. Access to all PACE literature/research articles gathered by our staff
4. Access to relevant externally provided workshops and courses
5. Three month Key Result Area (similar to KPI's) development with management
6. Career development/professional mentoring by Senior Experienced Exercise Physiologists
7. Provision of exercise physiology and exercise specialist (personal training) services to clients

Remuneration:

All PACE Exercise Physiologists will be paid at a PACE Exercise Physiology Traineeship Rate for all client hours that they complete.

What happens next?

At the conclusion of your traineeship contract (3 months), you will have an exit interview to discuss your achievement of KRA's, interest in continuing with PACE (you would be paid at the PACE EP/Exercise Specialist award rate).

Please follow the application process below to apply.

Good luck, we look forward to working with you!

Application Process:

Email Curriculum Vitae to ash@pacehm.com.au **between March 21st-28th June 1st - 8th, or October 1st - 8th** to apply for a PACE EP Traineeship.

Include: "PACE EP Traineeship Application 2010" and your name. The file needs to be saved as 97-2003 Microsoft Word compatible. Application submitted outside this period will not be considered.

Email your Traineeship Application in same email but separate file, answering the following criteria:

(Dot point answers are optimal - max 800 words)

1. Specifically outline what specialist knowledge/skills you will bring to the PACE Team
2. Provide a list of 12 consecutive week periods that you are available for Traineeship
3. What area of exercise physiology/exercise science would you like to specialise in?
4. Provide specific reasons as to how your past employment, sporting or other history will assist you in providing exercise physiology/specialist services.
5. Specifically outline your plans for the next 6-12 months in relation to your career/learning/professional development.
6. Visit the PACE Website [locations page](http://www.pacehm.com.au/locations.htm) (http://www.pacehm.com.au/locations.htm) – list the locations you would be willing to travel to in your placement, also provide the hours you would be prepared to work. (Traineeship will require no more than 30 hours contact time per week)

Ashley Gardner

Exercise Physiologist and Director

On behalf of the PACE Team

PACE Health Management 24 Yuille St Frankston 3199

• Tel: 03 9770 6770 • Fax: 03 9770 6776 • Email: info@pacehm.com.au