



## PRICE LIST (ALL PRICES INCLUDE 10% GST)

**Valid from June 2011**

### Initial Assessment and Program Creation session:

This is your starting point! From here we are able to create and design a program especially for your needs and goals.

**\$110.00**

### Individual Private Consultations:

| Practitioner              | Senior Exercise Physiologist | Exercise Physiologist | Exercise Specialists |
|---------------------------|------------------------------|-----------------------|----------------------|
| <b>Hour sessions</b>      |                              |                       |                      |
| PAYG                      | \$75.00                      | \$70.00               | \$65.00              |
| 6 Session                 | \$420.00                     | \$390.00              | \$360.00             |
| 12 Session                | \$840.00                     | \$780.00              | \$720.00             |
| 24 Session                | \$1560.00                    | \$1440.00             | \$1320.00            |
| <b>Half-hour sessions</b> |                              |                       |                      |
| PAYG                      | \$55.00                      | \$45.00               | \$40.00              |
| 6 Session                 | \$315.00                     | \$255.00              | \$225.00             |
| 12 Session                | \$630.00                     | \$510.00              | \$450.00             |
| 24 Session                | \$1200.00                    | \$960.00              | \$840.00             |

### Train with a friend packages

#### Group Training

| Package Name | Senior Exercise Physiologist | Exercise Physiologist | Exercise Specialist |
|--------------|------------------------------|-----------------------|---------------------|
| Double Buddy | \$45.00                      | \$40.00               | \$35.00             |
| Triple Buddy | \$40.00                      | \$35.00               | \$30.00             |
| Quad Buddy   | \$35.00                      | \$30.00               | \$25.00             |

### Mobile Trainers – We come to you!

One of our trainers will come to your home or office. \$85.00 1hr \$65.00 1/2hr

PACE Health Management 24 Yuille St Frankston 3199

• Tel: 03 9770 6770 • Fax: 03 9770 6776 • Email: [info@pacehm.com.au](mailto:info@pacehm.com.au)

**OPENING HOURS**

MONDAY to THURSDAY  
6am – 9pm

FRIDAY  
6am – 7pm

SATURDAY  
7am – 2pm

**Seniors, Students & Concession:**

On presentation of your valid concession / student card we will be happy to provide you with 10% off your total session fee.

**Cancellation Policy:**

We know schedules change, however your appointment times are made especially for you. This is why we require 24 hours notice to be given when cancelling, otherwise 50% of the training fee may be charged.

*No fee will be charged if you can re-schedule within the same working week.*