

# **P.T PRICE LIST**

**ALL PRICES INCLUDE 10% GST**

**prices valid from April 21<sup>st</sup> 2008.**

## **Initial Assessment and Program Creation session:**

This is your starting point! From here we are able to create and design a program especially for your needs and goals.  
\$80.

### **1. Pay as you go.**

1 hour session \$65.00  
½ hour session \$40.00

### **2. Fitness package for 1 hour sessions:**

6 Sessions = \$360  
12 Sessions = \$720  
24 Sessions = \$1320

### **3. Fitness package for ½ hour sessions:**

6 Sessions = \$225  
12 Sessions = \$450  
24 Sessions = \$840

### **4. Train with a friend packages.**

Group Training.

Package Name	Number of people per group	Individual price per person
Double trouble	2	\$35.00
Triplets	3	\$30.00

### **5. Mobile Trainers – We come to you!**

One of our trainers will come to your home or office. \$55 p/ .5 hr \$77 p/hr



## **OPENING HOURS**

MONDAY to THURSDAY  
6am –9pm

FRIDAY  
6am – 7pm

SATURDAY  
7am – 2pm

## **Students & Concession:**

On presentation of your valid concession / student card we will be happy to provide you with 10% off your total session fee.

## **Cancellation Policy:**

We know schedules change, however your appointment times are made especially for you. This is why we require 24 hours notice to be given when canceling, otherwise the full training fee may be charged.

*No fee will be charged if you can re-schedule within the same working week.*